A young girl with blonde hair, wearing a white dress with a floral collar, is holding a string of balloons. She is looking up and smiling. The background is a blurred field of tall grass. The entire image is covered with a semi-transparent blue overlay.

The Sexual Assault & family Violence Centre

2018 Annual Report



The Sexual Assault & Family Violence Centre acknowledges and respects the traditional Aboriginal custodians of the land.

We would also like to acknowledge the serious impact, particularly upon women and children, that sexual assault and family violence has upon communities and families.

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VISION, PURPOSE AND VALUES

Vision

Our vision is for a community free from family violence and sexual assault, and a society underpinned by the principles of gender equality, social justice and human rights.

Purpose

- Provide services underpinned by feminist philosophy that are empowering, respectful and inclusive, and which address barriers to service access.
- Provide high-quality, sensitive and responsive services to women and children who have experienced, and been impacted by, family violence, and to people who have experienced and been impacted by sexual assault.
- Design and implement effective evidence-based prevention of violence against women and gender equality programs and initiatives.
- Contribute to the evidence base and social policy frameworks which inform effective service provision.
- Contribute to the systematic and social change necessary to eliminate sexual assault and family violence.

Values

Our work is underpinned by the values of:

Respect:

encompassing diversity, choice, safety, rights and inclusiveness.

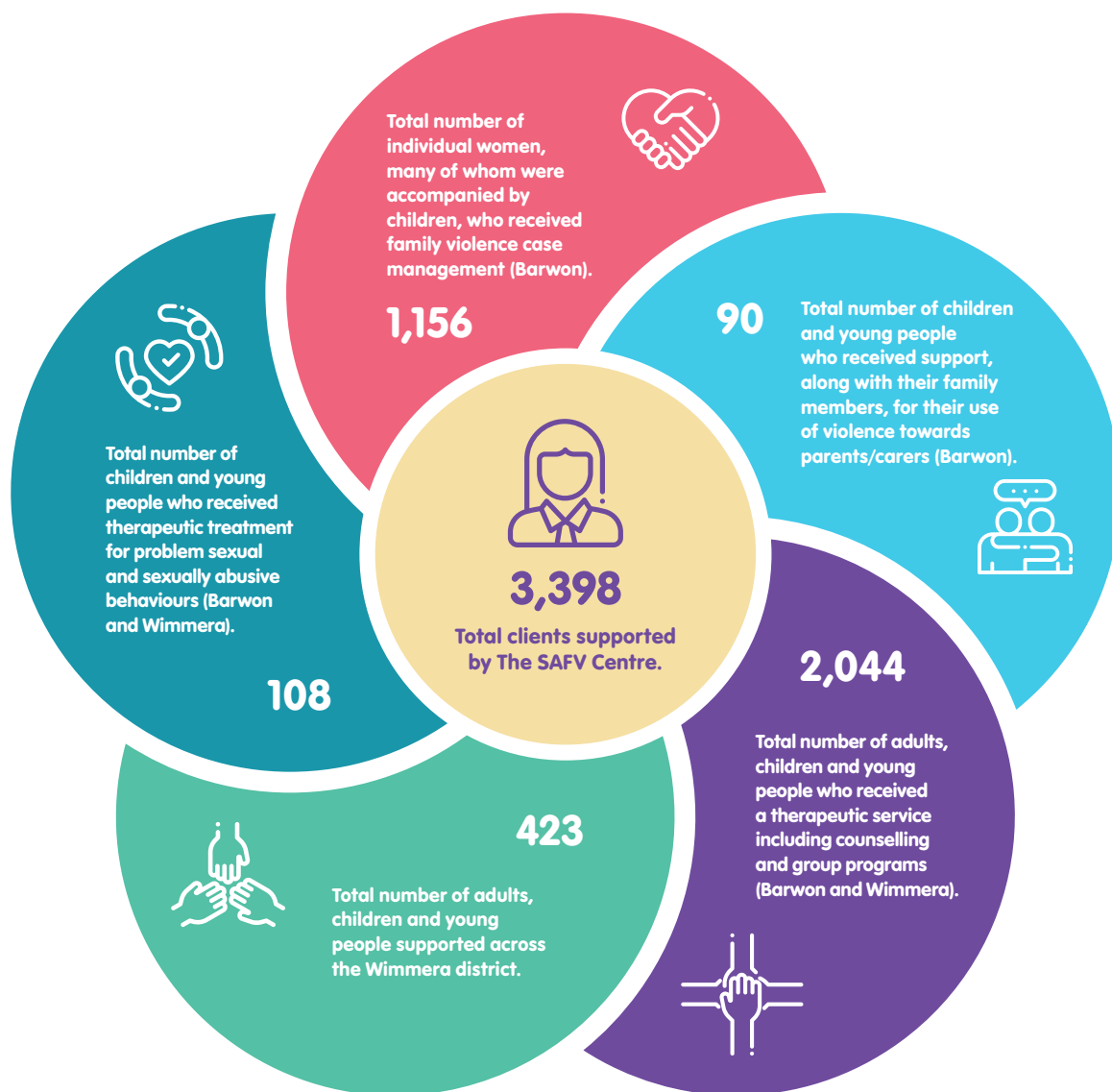
Integrity:

encompassing honesty, trustworthiness, transparency and accountability.

Courage:

in respect to journeys of change and personal power; as well as leadership and innovation.

OUR YEAR OF IMPACT - AT A GLANCE



Professional Training



795

Total number of participants attending our professional training programs.



57

Total number of training sessions delivered by The SAFV Centre.

OUR BOARD



Jenny McMahon

Chairperson, The Sexual Assault & Family Violence Centre.

Director, City Life, Wyndham City Council.



Reneé Fiolet

Deputy Chairperson, The Sexual Assault & Family Violence Centre.

Scholar, The Centre of Research Excellence to promote Safer Families (Safer Families CRE).



Ben Meeke

Treasurer, The Sexual Assault & Family Violence Centre.

Owner/Accountant, Financially Free Accounting.



Jodie Haydon

General Member, The Sexual Assault & Family Violence Centre.

General Manager, Human Resources, Viva Energy Australia.



Megan Jenner

General Member, The Sexual Assault & Family Violence Centre.

Employee Engagement Lead, Wyndham City Council.



Dr Sarah Leach

General Member, The Sexual Assault & Family Violence Centre.

GMHBA / Adjunct Associate Professor, Faculty of Health, Deakin University.



Tess Lye

General Member, The Sexual Assault & Family Violence Centre.

General Counsel, Epworth HealthCare.



Sheridan Salmon

General Member, The Sexual Assault & Family Violence Centre.

General Manager, Marketing & Fundraising, Give Where You Live Foundation.



Kate Stowell

General Member, The Sexual Assault & Family Violence Centre.

Lawyer, Aboriginal Family Violence Prevention and Legal Service.

Board members who retired during the year:



Detective Senior Sergeant Peter Miller

Retired November 2017.



Helen Long

Retired February 2018.

CHAIRPERSON AND CHIEF EXECUTIVE OFFICER JOINT REPORT

Our joint report for 2018 brings with it the excitement for the future of the newly formed Sexual Assault & Family Violence Centre (The SAFV Centre). Last year we reported on the progress that had been made towards merging our two former organisations, the Barwon Centre Against Sexual Assault (Barwon CASA) and Minerva Community Services (Minerva). This year the merger was completed. Our new organisation was born and has continued to grow.

These past 12 months have demonstrated the value that we add to the provision of services across a wide geographic base and across a wide range of services.

The feedback that we have received from those that use our services reinforces to us the importance of the work that we do. Our dedicated staff are central to this, continuing to ensure that those who access our services are at the centre of all that we do. We thank our staff for their ongoing commitment to working towards a community free from sexual assault and family violence. Driving us all is the desire for a society underpinned by the principles of gender equality, social justice and human rights.

We continue to grow. Of significant note is the expansion of the Barwon Multidisciplinary Centre (Barwon MDC) and opening of The Orange Door. In the Barwon MDC, we value our strong partnership with Victoria Police and welcomed the expansion of the Barwon MDC to include the Victoria Police Family Violence Investigation Unit.

The Victorian Department of Health and Human Services Child Protection (DHHS Child Protection) is also a valued partner in the Barwon MDC alongside Barwon Health's co-located community health nurses.

We are an integral part of the service offering at The Orange Door in Barwon and, together with Family Safety Victoria and our partner organisations, we have welcomed the arrival of this new access point for women and children impacted by family violence.

We welcomed new Board members this year. They have collectively brought a wealth of experience and knowledge that will contribute greatly to the good governance of our organisation.

We are a principle driven, financially sound organisation, demonstrated in the detail of our 2018 Annual Report.



Jenny McMahon

Chairperson



Helen Bolton

Chief Executive Officer

OUR STORY

The SAFV Centre was established following the merger of the former Barwon CASA and Minerva in 2016.

Building on the legacy of these organisations, and our collective 40-year history, we continue to evolve our approach and services to meet the needs of people who have experienced or been impacted by sexual assault, and women and children who have experienced or been impacted by family violence.

We offer a suite of services and programs across the Barwon area and Wimmera district to support people in their recovery from sexual assault and family violence. We work systemically and holistically with people who access our services, within the context of their family relationships and dynamics, as well their broader interactions with the sector's services, to help identify and address their needs.

Our work is based on current research and best practice on trauma, and is underpinned by a feminist philosophy emphasising gender equality, social justice and human rights.

Our expert staff deliver our services collaboratively with other specialists from our network of partners across sexual assault, family violence, community health, police and child protection services.

In addition to providing direct client services, we deliver training programs for professionals and community members, and training tailored to the needs of organisations and workplaces. We are also involved in a range of primary prevention initiatives focused on increasing awareness and understanding of the causes of gender-based violence – to stop it happening in the first place.



OUR DIRECT SERVICES FOR PEOPLE IMPACTED BY SEXUAL ASSAULT AND FAMILY VIOLENCE

There have been many key developments across our services during the past year, including upgrades to the Barwon Multidisciplinary Centre and the arrival of The Orange Door.

The Barwon MDC

Within the Geelong-based Barwon MDC, we work alongside our partners to provide coordinated, sensitive and timely services for people in the Barwon area experiencing sexual assault and family violence. Our partners include Victoria Police's Sexual Offences & Child Abuse Investigation Team (SOCIT) and Family Violence Investigation Unit, together with the Victorian Department of Health and Human Services Child Protection Sexual Abusive Intervention Team (SAIT).

Visiting services co-located with The SAFV Centre are also available to support people accessing the Barwon MDC, including community health nurses from Barwon Health, legal practitioners from Barwon Community Legal Service, and financial counsellors from Diversitat.

The Barwon MDC has undergone substantial change in the past year. SOCIT, The SAFV Centre and DHHS Child Protection expanded, and we welcomed the Family Violence Investigation Unit into the Barwon MDC.

Through the MDC model, people can access a range of sexual assault and family violence services under the one roof. These services range from crisis response and case management support through to therapeutic services and early intervention programs. SOCIT provides a full suite of investigation services and DHHS Child Protection provides support to children and families.

Enhanced facilities

In April 2018, the Victorian Minister for Police, the Honourable Lisa Neville, MP, officially re-opened the Barwon MDC, following significant upgrades to the facility (pictured below right) to accommodate the growing number of staff across all partner agencies.

The upgrade also allowed for additional counselling and interview rooms, a music therapy space, forensic medical examination crisis care unit and remote witness facilities, as well as a state-of-the-art, multi-purpose conference room.

In addition, community health nurses from Barwon Health now have a purpose-built clinic room within the Barwon MDC. This has enhanced the range of responses offered to people accessing the Barwon MDC.

The refurbished Barwon MDC is beautifully designed to be accessible and welcoming. The ground floor reception area and adjacent private consulting rooms offer a calming and comforting atmosphere for people accessing all the shared services of the Barwon MDC.

Upstairs, our kitchen area provides a communal meeting place for all staff. Larger staff practice gatherings, which bring together professionals from all areas of the Barwon MDC, are held in our multi-purpose conference room.



From left: Inspector Gary Bruce and Superintendent Craig Gillard of Victoria Police; The Honourable Lisa Neville, MP, Victorian Minister for Police; Helen Bolton, CEO, The SAFV Centre; Marilyn Nash, After Hours Crisis Care Coordinator, The SAFV Centre; and Charlie Reston, Assistant Director, DHHS Child Protection.



Collaborative approach

Co-location of partners within the Barwon MDC provides frequent opportunities for consultation and planning for a coordinated response to people who are impacted by sexual assault and family violence, and who are in need of a range of support services. With all services under the one roof, it is easier, than in the past, for people requiring support to navigate the system.

Daily Barwon MDC planning meetings commenced in May 2018. In these sessions, all key Barwon MDC partners come together to discuss the needs of people assessed to be in high-risk family violence situations. This approach, undertaken with the consent of clients, demonstrates the commitment within the Barwon MDC to jointly plan and coordinate holistic and systematic responses for clients. The Orange Door also participates in this daily meeting to facilitate collaboration and information sharing.

Enhancing practice

We continue to build on our Barwon MDC Practitioner Forums, which showcase the specialist skills and knowledge from each partner agency, and focus on enhancing the experience of people accessing the Barwon MDC.

With representatives from our Barwon MDC partners, we participated in training and discussions with a group of visiting professionals from Duluth, USA. The visitors shared insights on their innovative model for coordinated community responses to people affected by family violence, including perpetrators. The 'Duluth Model' is internationally recognised as a best practice model for different agencies and professionals to work collaboratively, respectfully and effectively in order to provide a seamless experience for people navigating the community, legal and therapeutic domains relating to family violence.

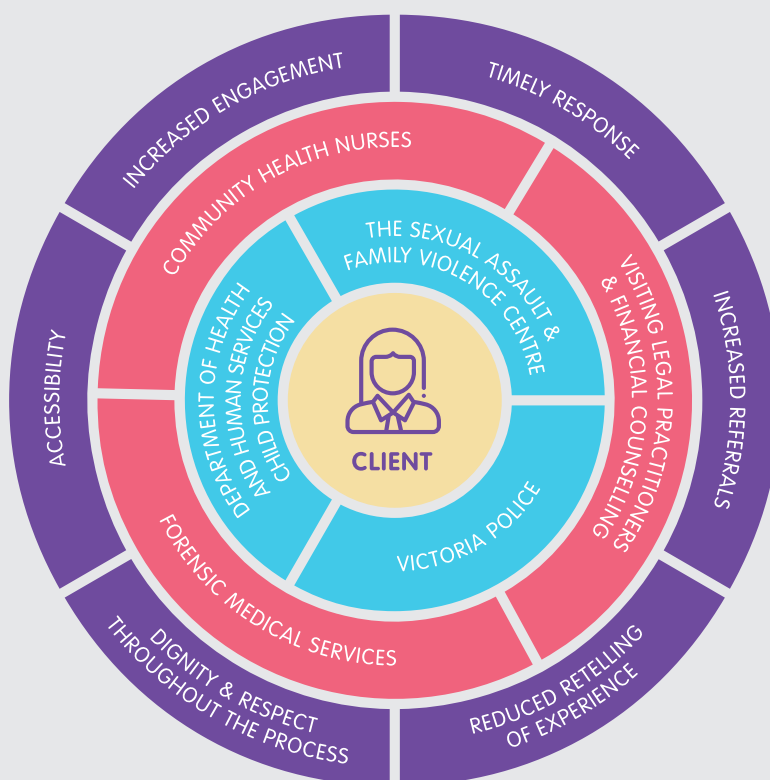
The Duluth Model offers a blueprint for key partners working within the Barwon MDC, and more broadly across the service system. Understanding and appreciating the respective roles are key to building positive relationships, and for ensuring that women and children impacted by family violence receive the most effective service responses.

With the recent introduction of The Orange Door, along with the expansion of the Barwon MDC to include the Victoria Police Family Violence Investigation Unit and The SAFV Centre's case managers, we are looking at ways to ensure that people impacted by sexual assault and family violence continue to receive effective service responses in the Barwon area.

Under one roof



- PARTNER AGENCIES
- ADDITIONAL SERVICES
- OUTCOMES FOR CLIENTS





Case study: Erika

Erika (not her real name) came to Australia from overseas to be with her partner who resided here. She left behind full-time employment in a well-respected job, financial independence and the support of her family and friends. In Australia, Erika found herself completely reliant on her partner.

It wasn't long before her partner became controlling and abusive. Erika was subjected to intimidation, emotional and verbal abuse. This abuse increased to physical assaults when Erika became pregnant with their child. During her pregnancy, she was severely assaulted by her partner. Overhearing a violent commotion, a neighbour called the police. Charges were laid against her partner and Erika was granted a Family Violence Intervention Order. The couple remained living in the same home subject to the condition that the violence stop.

Erika had reason to fear for her safety and that of her newly born child. There was frequent violence in the home and further police reports made regarding the assaults and breaches of the intervention order. Erika left the family home for a number of weeks. Having no income, and feeling she had nowhere else to go, she returned to her partner. Her partner did not allow Erika to have her own friends. He blamed her for the involvement of police and services and coerced her into standing up for him in court. Erika was afraid to access temporary accommodation as this would likely increase her sense of isolation by moving her away from the only town she knew.

After another violent incident, the Victoria Police Family Violence Investigation Unit located at the Barwon MDC facilitated a referral to the specialist family violence case management service at The SAFV Centre. The specialist family violence case manager arranged access

to emergency accommodation for Erika and her child at a local motel through the use of a Family Violence Flexible Support Package.

Erika's case manager, with support from other community services, coordinated access to legal advice, food vouchers and general day-to-day necessities. Together the services supported Erika to develop an extensive safety plan, which included a general practitioner (GP) who understood Erika's situation. The case manager provided Erika with educational information such as the *Cycle of Violence* and its persuasive and detrimental impact on women and children.

During this time, Erika's partner was contacting her, coercing her to return to the family home. This time Erika's response was different. There was a shift in Erika's self-confidence and awareness of her human right not to be assaulted or live in fear. She recognised the verbal, physical and psychological abuse that she experienced previously from her partner was not acceptable. Erika knew she deserved respectful treatment from her partner and the father of their child. Erika now understands that her partner is accountable for his behaviour.

Erika decided to return to her partner. She said that she loved him and wanted the violence to stop. Erika's partner undertook a Men's Behaviour Change Program. Through the support and encouragement of her case manager at The SAFV Centre, Erika felt more empowered and knows she has choices and a range of supports should she need them in the future.

The Orange Door in Barwon

The establishment of The Orange Door in the Barwon area on 31 May 2018 has been a significant achievement.

This 'shift' has meant that our specialist family violence case managers, based at the Barwon MDC, can provide the day-to-day practical support for women and children in the aftermath of a crisis. To be involved in new beginnings for women and their children brings immeasurable reward.

A key recommendation of The Victorian Royal Commission into Family Violence, The Orange Door is designed to support women and children to stay safe. This Support and Safety Hub model brings together practitioners from a number of community service organisations across the Barwon area to offer a coordinated and integrated access point for specialist services for women, children and young people experiencing family violence, men perpetrating family violence, and families who need support with the care and wellbeing of their children. The approach is designed to keep perpetrators in view, assess the risk they pose, and hold them to account.

The Orange Door operates from one primary location in Geelong, with additional access points in Colac and through the Wathaurong Aboriginal Cooperative. It offers coordinated and timely responses

to women and children during and following a family violence crisis, and families in need of support for the wellbeing of their children. The Orange Door practitioners work together and combine their specialist expertise to streamline how people access, navigate and connect with key services across the Barwon area.

The SAFV Centre plays a vital role in The Orange Door. Our team comprises more than 10 family violence specialist practitioners, two team leaders and an advanced family violence practice leader. Specialist family violence practitioners provide a crisis response to women, children and young people, including risk assessment, safety planning and brief interventions.

By being part of this coordinated and integrated model, our staff have greater opportunities for sharing their specialist knowledge and skills with our partner agencies.

The Orange Door provides another pathway for women, children and young people to access our suite of services, including family violence case management and therapeutic services, and programs to support their resilience and recovery. The extended range of initiatives means that people coming to our organisation can make choices about the most meaningful pathway for their circumstances.



Our Practice Framework for Client Facing Services

To support our organisation in moving towards a single entry, high-performing organisation (as part of our 2016 merger), we developed a *Practice Framework for Client Facing Services (The Framework)*.

In developing *The Framework*, we explored the practices of our case managers and counsellor advocates. The aims were to identify a common set of foundational elements for our practice and establish key principles to guide how we work with people accessing our services in order to support and promote their recovery from sexual assault and family violence.

Historically the sexual assault and family violence sectors have often worked in 'silos'. Our organisation realised the benefit of bringing the two areas together and is now better equipped to respond to the co-occurrence of sexual assault and family violence. This includes responding to the complexity of people's individual experiences, and exploring the impact of the trauma, together with reconnection with self and others.

While our case managers and counsellor advocates have different roles, and offer different types of support depending on a person's experience, they work with an understanding of our shared values, knowledge and skills. This enables us to strive towards best practice in developing and delivering coordinated support across our organisation to people impacted by sexual assault and women and children impacted by family violence.

Our framework underpins all of our services for clients. It is informed by key perspectives that relate to each other to provide a well-rounded approach that places the client at the centre of what we do.

We acknowledge the co-occurrence of sexual assault and family violence and take a 'strength-based approach', which focuses on encouraging the personal strengths and resources that contribute to a person's resilience during and after trauma.

The understanding of the gendered nature of violence is critical in our work and highlights the cause of violence; placing responsibility with those who choose to use violence against others, primarily men against women and children. This knowledge informs our conversations with people who have been affected by violence and who typically experience confusion and possibly self-blame which in turn hinders their recovery.

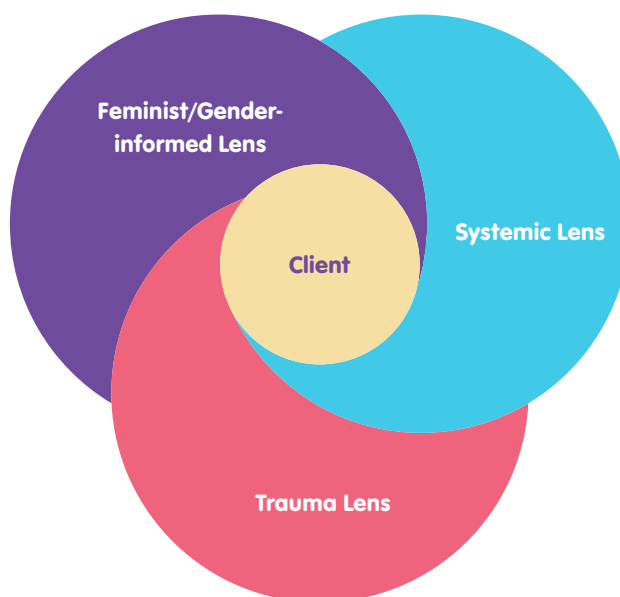
We recognise that an individual does not live in isolation from others, and we are committed to working with 'significant others,' including family members, carers and friends who are a source of support. Our work with children includes non-offending parents and carers who can offer protection, stability and involvement in their child's recovery. Our systemic approach means that we work more widely with others including schools, GPs, mental health services and drug and alcohol services.

We use a trauma-informed approach, drawing from the research and evidence of best practice, to ensure our staff are equipped with, and leading in current trauma knowledge, skills and practice.

Opportunities for shared practice discussions, case consultations and joint training occur where case management and therapeutic practice intersect. This is an intentional focus in our work. We are committed to increasing these opportunities for our staff, and for professional development and reflective practice, using the critical lenses that shape and underpin all our work.

The lenses that inform our practice

Sexual assault and family violence are predominantly committed by men against women and children and stem from beliefs and behaviours that support the use of power and control over others.



As people do not live in isolation from others, we are committed to working with 'significant others,' including family members, carers and friends who are a source of support.

Our trauma-informed approach draws from the research and evidence of best practice to ensure our staff are equipped with, and leading in, current trauma knowledge, skills and practice.

Crisis response services

We provide immediate support to people who have recently been sexually assaulted and women and children experiencing family violence. Our specialist staff provide 24-hour face-to-face services, including risk assessment, safety planning and access to emergency accommodation, as well as coordination with other specialist services, such as police investigators and forensic medical experts.

During the 2017-18 period, The SAFV Centre was successful in securing funding from the Victorian Government to deliver the face-to-face after hours crisis response service for women and children experiencing family violence across the Barwon area. Under this service, our After Hours practitioners meet with women and their children at police stations, hospitals or emergency accommodation to assess their family violence risk and safety needs, as well as offer practical support, including access to emergency accommodation, food and travel. Our After Hours practitioners work closely with safe steps, the statewide 24/7 family violence crisis service in delivering this service.

Family violence case management

Our family violence case management service is available to women and their children who are currently experiencing or have recently experienced family violence. Support is offered to women living in, considering leaving, or having left violent relationships.

Women and their children benefit from the following:

- Brief case management responses, including initial engagement, provision of information and referral to appropriate services.
- Short-term case management interventions, including face-to-face engagement, risk assessment and safety planning, support, information and referral to other services as required.
- Long-term case management support with women and their children over a 12-week period. Services include: access to statewide secure accommodation and crisis and transitional housing, support at court, risk assessment and safety planning, brokerage funds for emergency accommodation, food and petrol, liaison and advocacy with key services (for example DHHS Child Protection, Victoria Police, Housing Vic and the Department of Education and Training) and referrals to other key services, information, advice and support.

Supporting women and their children

We supported a total of 1,156 individual women, many of whom were accompanied by children, as part of our family violence case management service during 2017-18. This support included both short-term case management interventions, and our long-term case management support.

Over this period, we recorded a total 1,576 periods of support for women, highlighting that more than a quarter of all women supported re-engaged with our service. The pattern of re-contact is consistent with research that shows women may attempt to leave a violent situation multiple times before finally leaving. While every woman's experience of family violence is unique, we know from the research and practice that the violence is generally not a one-off incident. Typically, the tipping point to leave follows a 'spiral' of increasing abuse, which can be physical, emotional, financial, or a combination inflicted over a continuing period of time. Women also face many barriers in attempting to leave violent relationships. These include physical, health, financial and social barriers.

In addition to the women and their children supported, a total of 2,838 women were referred to our organisation for family violence case management support. Of these referrals, 51 per cent were women who had previously been referred, or previously had contact with our organisation. Our case managers provided a brief case management response to all referrals, but it is important to note that some women (despite multiple attempts) chose not to engage with our service at that particular time; as is their right to do so.

The majority of women referred to our family violence case management service were received from Victoria Police (85%). These referrals were in the form of a formal L17 Police Report, which includes narrative about the incident, and demographic information about the woman who has experienced family violence, as well as information on the alleged perpetrator. Following the introduction of The Orange Door at the end of May 2018, all L17 Police Referrals have now been redirected to The Orange Door for initial screening and assessment.

Culturally respectful support was also available for Aboriginal women and their children, through our staff co-located at Wathaurong Aboriginal Cooperative. During 2017-18, we supported 62 women who identified as Aboriginal or Torres Strait Islander.

We also reported a 37 per cent increase, from the previous year, in the number of women we supported who were from a culturally and linguistically diverse (CALD) background.

Support in court

Our dedicated court support staff provided 516 periods of support to women attending the Geelong Magistrates' Court for Family Violence Intervention Order matters. This support included assisting women to understand the court system and legal processes specific to family violence, providing practical support in applying for an intervention order, and supporting women during their court hearings.

High risk referrals for family violence

During this period, we referred 23 women who were deemed to be at high risk of family violence to the Barwon Risk Assessment and Management Panel (RAMP). This represented a 10 per cent increase in our referrals to the RAMP from the previous financial year. The collaborative partnership of the RAMP provides a coordinated approach to women and their children experiencing family violence and also has a coordinated response to men perpetrating family violence.

Consultation on family violence case management

The SAFV Centre was one of five organisations selected to participate in a scoping workshop with project consultants, Urbis, for the Victorian Government's review of family violence case management services for women and children.

As part of the consultation, our case managers shared their expertise on how we engaged with women and their children, assessed their risk and planned for their safety. They also highlighted the unique considerations for the delivery of specialist family violence services, particularly in relation to navigating the safety, stability and trauma symptoms of families through the service system. The SAFV Centre will continue to participate in Urbis' broader consultation processes for this project, which will inform the development of a proposed model for specialist family violence services in Victoria.



Case study: Alsa

'Alsa' (not her real name) is a woman from a CALD background who left a violent relationship in her country of origin, which led to separation from her daughter. She also experienced another violent relationship in Victoria. She moved to Geelong where she lived in our accommodation. Alsa was supported by a family violence case manager who assisted her with her immediate practical needs. This included linking her into a local English class, and to another agency that assisted her to move into public housing. The case manager also advocated for her daughter to come to Australia.

When the family violence case management support period concluded, Alsa engaged with a counsellor advocate at The SAFV Centre who assisted Alsa to understand her experiences of family violence more deeply. This assisted Alsa to recognise the many ways that she resisted the domination of her ex-partner and understand the impact of the violence on her daughter. Due to the support of the counsellor advocate, Alsa's application for an Australian Visa, on the grounds of family violence, was successful. Soon after, Alsa's daughter came to Australia to be reunited with her mother. With further advocacy by the counsellor, the Department of Home Affairs allowed Alsa's mother to move to Australia on a temporary visa.

Alsa participated in the Trauma-focused Acceptance and Commitment Therapy (TACT) group program and gained more awareness of the impact of the trauma she had experienced and learned strategies for managing the effects of the trauma in her day-to-day living. Alsa received some financial support through a Flexible Support Package, facilitated by The SAFV Centre. This enabled her to purchase art materials, which encouraged her to develop her strengths as an artist and supported her recovery from the extensive history of violence. Furniture was also purchased just as Alsa received the news that a public housing property was available in Melbourne that could accommodate Alsa, her daughter and mother.

By offering a range of coordinated services, Alsa was provided short-term accommodation, received family violence case management, support, advocacy, counselling, access to therapeutic group programs and financial assistance. This collectively offered Alsa and her family a new start. Her parting gift to The SAFV Centre was a painting, which she had painted to express her thanks for the holistic response that made such a difference to her quality of life.

Specialist therapeutic counselling

We provide therapeutic sexual assault and family violence counselling services across the Barwon area and Wimmera district.

Therapeutic counselling is available for those seeking individual support, as well as family counselling for mothers and children. This service focuses on assisting families to explore how their relationships have been impacted by sexual assault and family violence. In the Barwon area, therapeutic counselling is also available through our visiting services at the Corio Community Health Centre, Drysdale Community Health Centre and Wathaurong Aboriginal Cooperative. We also provide therapeutic counselling services to children and young people at headspace in Geelong and Drysdale.

During 2017-18, we provided therapeutic counselling services (sexual assault and family violence) to 1,644 people across the Barwon area, representing a 15 per cent increase on the previous financial year. Of these, 63 per cent were adults, children and young people requiring therapeutic counselling regarding the impacts of sexual assault. Of all people who accessed therapeutic counselling during the year, 29 per cent were under the age of 25 years.

Innovative practice

Our experienced counsellor advocates utilise a trauma lens in a range of evidence-based modalities to address the specific impacts of sexual assault and family violence.

We encourage and support professional development in a range of specialty areas that utilise the latest research in the management of complex trauma. These include body-based sensorimotor therapies, creative therapies, family therapy, psycho-dynamic therapy, Eye Movement Desensitisation and Reprocessing techniques and Internal Family System techniques focused on managing the impacts of sexual assault and family violence trauma. Staff are encouraged to draw on this broad base of modalities in order to best meet the diverse needs of people who access our services.

Therapeutic group programs

Our therapeutic programs have been designed to assist recovery from trauma and help foster resilience so people can reshape their lives with a renewed sense of self-awareness and confidence.

In the past year, we have continued to enhance our portfolio of therapeutic group programs to increase access and opportunities to support recovery for people impacted by sexual assault and women and children impacted by family violence.

In the past financial year, a total of 220 people participated in our group programs. The programs delivered in that period included Children and Mothers in Mind (CMiM), Trauma-focused Acceptance and Commitment Therapy (TACT), Connect and Body and Mind.

Children and Mothers in Mind

In partnership with Kids First Australia (formerly the Children's Protection Society), we launched our demonstration pilot of the CMiM program in the Barwon area.

CMiM is an Australian-first program designed specifically for mothers and children (aged under four years) who have experienced the trauma of sexual assault and family violence or childhood abuse. Our practitioners work with mothers and their young children for up to 22 weeks, including an 18-week group program, to build a greater understanding of the impact of family violence and enhance the relationship between mother and child. One-on-one support is also offered outside the group and during the program.

We delivered four CMiM groups during the past year to a total of 57 participants, representing 25 families.

We are one of five Australian providers accredited to deliver this innovative program, which has been adapted from a Canadian model. The CMiM program is currently being evaluated and the Victorian Government has committed to 12 months program funding in the 2018-19 financial year.

"I can't thank the counsellor [advocates] at The SAFV Centre enough. The difference the counselling has made to my life is profound. I was stuck in a dark hole and now I can move forward with my life. Such important work! Everything about The SAFV Centre is gentle and caring - exactly what is needed! I love the innovative therapies - they work a treat ... "



Stories of impact: CMiM

Strengthening bonds, changing lives

If I were a grumpy grizzly bear ... would you still love me? Would you still care? ... No matter what!

This is one of the favourite lines of Sam (aged 2) and mum Angie (not their real names) from their beloved bedtime story book, *No Matter What*.

Bedtime stories are among the everyday rituals that Angie and Sam treasure.

But it hasn't always been that way, Angie says. Because the trauma of family violence (inflicted by her ex-partner), along with the complexity of mental health issues, overtook their time to connect and bond as mum and baby.

Angie learned the power of ritual in strengthening the bond with her son, along with a whole new repertoire of parenting and inter-personal skills, in The SAFV Centre's therapeutic group program, CMiM.

The group program, combined with counselling, she says, restored her confidence and empowered her to see and be the mother and parent that she felt she could never achieve.

Today, Angie and Sam are reshaping their lives together, away from her violent ex-partner, and are still drawing on the tools and strategies from her weeks in CMiM.

Angie says one-to-one sessions with the program's counsellor advocates awakened her to the signs of the impact of trauma from family violence, both on herself and Sam.

"It gave me skills to understand and overcome my anxiety and to develop confidence as a mother and parent, which my ex-partner had undermined. For example, I now understand and know how to respond to Sam's behaviours and can work with him more confidently to deal with his emotions. In the past I often became overwhelmed. I still have my days, and I have stuff to work through, but I feel I'm well on my way now."

Play-based experiences, such as reading, singing and games, initially with Sam and later with other mothers in group-based sessions, gave her the skills to bond through the simple joys of play and togetherness.

Every week mothers in the CMiM program are given a new book to enjoy with their child.

The book, *No Matter What*, has special significance, says Angie, as it reinforces the unconditional and enduring power of love.

The last line of the book says "we may be close, we may be far, but our love still surrounds us ... wherever we are."

"Sam and I look at the moon and stars every night ... it's another one of our rituals. He loves me and he knows I'm his rock. I know he feels safe and very loved. I'm so glad I did the program."

"The book, *No Matter What*, has special significance ... it reinforces the unconditional and enduring power of love ... "

Trauma-focused Acceptance and Commitment Therapy

The TACT program is available for women (over age 18) who have been impacted by sexual assault and family violence. It is designed to support women to develop a greater understanding of the impact of trauma, increase their emotional awareness, and equip them with practical thinking and self-awareness skills to regulate their emotions and the impact of trauma on their day-to-day living.

During this period, we offered a total of six TACT group programs, which tripled our service offering from the previous financial year. This has increased access for women to this innovative program, including the successful pilot of an evening TACT group in Geelong.


There was a total of 103 participants across all the TACT groups, which represented a significant increase over the previous year when 24 participants attended across two TACT groups.

The Victorian Government funded the expansion of the TACT program for 12 months in response to the findings of The Victorian Royal Commission into Family Violence to improve access to therapeutic support services for women impacted by and recovering from family violence.

TACT is a practical program delivered over 10 weeks in partnership with Bethany Community Support. Feedback and post-program evaluations indicate that the program delivers a range of benefits for participants, including reducing their trauma symptoms and enhancing their sense of control over everyday life.

An evaluation report we commissioned in January 2018 found that the first three TACT group programs delivered by The SAFV Centre achieved positive results for participants. Program participants reported decreases in the severity of their post-traumatic stress disorder (PTSD) symptoms and increases in their psychological flexibility at the conclusion of the program. Overall, participants reported that the program had assisted them to:

- increase their levels of mindfulness and self-awareness
- develop an improved understanding of the impact of trauma on their 'sense of self'
- develop strategies to effectively manage their symptoms.



"With each step, a small light switched on, and shone on the next step and the next one ... "

Participant, TACT group program.

Connect

The Connect program, delivered with our partner Bethany Community Support, continued to offer intensive and focused support to mothers and children.

The program is for mothers (or female carers) and their children (aged seven to 10 years) who have been impacted by family violence. Connect focuses on strengthening mother-child relationships after family violence and is informed by research on trauma. Participants develop an understanding of trauma, the impacts of family violence on their relationships and increase their skills in emotional regulation for themselves and their children. Play, craft, music, relational games and education are used to support families in their recovery and provide resources and practical skills for mothers and their children. A total of 13 families participated in the program during the past financial year.

In 2017-18, work commenced on revising the service model for the Connect program. This was in response to international research highlighting the benefits of offering separate group sessions for mothers and children, with capacity to offer combined family sessions outside of the group setting. The revised Connect program, which will commence in August 2018, will be delivered across 16 weekly sessions.

"I now see glimpses of my happier child from the past. I also gained an understanding of the triggers between the children. There were many flow on effects ... "

Participant, Connect.

Body and Mind

Late in the year, we launched the first Body and Mind program, an innovative initiative designed to assist adults to develop self-awareness and understanding of trauma along with practical skills to calm their body and mind.

Participants focus on areas such as sleeping well, using music, connecting with creativity, being mindful, health and managing trauma symptoms to gain an increased understanding of the relationship between the body and mind and gain skills in managing the difficult experiences associated with trauma.

The program delivery is a collaborative model, co-delivered by The SAFV Centre's counsellor advocates and the Barwon MDC-based community health nurses from Barwon Health.

A total of 47 participants attended the program, which was delivered in eight sessions. The program is open to adults who have been impacted by sexual assault and to women who have experienced family violence.

"Doing boundary and assertive exercises in Body and Mind helped me to communicate more effectively ... "

Participant, Body and Mind.



Stories of impact: TACT

New beginnings

A deep breath ... a moment of quiet, just sitting and being ... even washing the dishes.

These simple things are often the biggest challenges when you're subjected to the trauma of family violence.

For Jane (not her real name), this is what "getting my life back" meant.

You never experience these moments, or a sense of lightness, when living in a constant state of anxiety, driven by feelings of shame and guilt, and fixated on sheltering with the kids, she explains. "Because your whole identity – everything – is centred around the trauma".

"You lose absolutely everything ... your life, your whole sense of awareness. It is not just your house, your job or your finances. The things you want back most are the simple things ... "

With the TACT program, everything started to change.

The 10-week therapeutic group program focuses on helping clients understand trauma, and its impact on them emotionally, socially and physically. It also offers practical tools to manage their emotions for day-to-day living and to see things with a renewed sense of perspective and strength.

From the first session, Jane felt the impact of the group experience. "I recall being in the room with all these women and there was this

overwhelming and profound sense of shared understanding. They were from all walks of life, with shared lived experiences, and no one had to speak or explain anything. I just remember thinking they get it."

Jane says TACT gave her insights and strategies to understand what was going on in her mind and body due to the trauma. "I started to become aware of the strategies my ex-partner was using to maintain power and control over me. This allowed me to reclaim my own sense of power and I began to understand that it wasn't my fault."

Each week was like taking a step forward. "With each step, a small light switched on and shone on the next step and the next one. The program gives you the skills and awareness to observe and notice both yourself and others. It has given me more understanding as a person and as a parent."

Today, Jane says she can now enjoy being alone and taking time for herself. "I go for walks on the beach ... I have a long way to go, but these are real steps forward for me."

" ... There were all these other women ... from all walks of life, with shared lived experiences, and no one had to speak or explain anything. I just remember thinking: they get it ... "

Early intervention services

Services for problem sexual and sexually abusive behaviours

Our Sexually Abusive Behaviours Treatment Service (SABTS) provides an early intervention response for children and young people (age 10 to 17 years) who have engaged in problem sexual or sexually abusive behaviours. Our Problem Sexual Behaviours (PSB) program response is available for children under 10 years of age displaying concerning sexual behaviours.

The service works to address the complex range of factors that can lead to an ongoing pattern of concerning or abusive behaviours and focuses on building respectful and rewarding relationships at a family level.

Demand for this service has been increasing steadily in recent years, with a total of 108 young people supported by the program across the Barwon and Wimmera during the past financial year. Of this total, 26 per cent were children under the age of 10 years. The main sources of referrals were from DHHS Child Protection and Victoria Police. A total of 78 per cent of children and young people referred were male.

The service has recently been extended to include young people between the ages of 15 to 17 years, consistent with recommendations from The Victorian Royal Commission into Family Violence and Victoria's 10-Year Plan for Ending Family Violence.

SABTS operates as a whole-of-family system response, ensuring a greater opportunity for achieving positive outcomes in terms of reduced problem sexual or sexually abusive behaviours and improved family relationships.

Services for young people using violence in their home

The Step Up – Building Healthy Relationships (BHR) is an adolescent violence program, delivered in partnership with Barwon Child, Youth & Family (BCYF). The program provides youth focused, family-centred, intensive case management support for young people and their families using violent behaviour in their homes.

In 2017-18, the program supported 90 young people between age 12 to 18 years, as well as their family members, across the Barwon area.

The program provides both case management and group programs and includes a specialist response for Aboriginal families.

Pilot for children under age 12

During the past financial year, The SAFV Centre and BCYF identified a need to extend the Step Up – BHR program to include children aged from 10 years.

Deakin University researchers were engaged to determine if the program could be effectively applied to this age group. Their assessment, which comprised a literature review, concluded that the Step Up – BHR approach could benefit children aged 10 and 11 years.

Working in partnership with Deakin and BCYF, we launched a 12-month pilot program during the past year. The pilot will be evaluated in the next financial year.

Participating in research

During the 2017-18 financial year, a team from the Monash Gender and Family Violence Prevention Centre conducted research aimed at better understanding the nature and impacts of adolescent family violence. Our staff contributed to the research.



Case Study: Kevin

Kevin, aged 14, was the target of sexual behaviours since an early age. As a consequence of this early trauma, he has been targeting his student peers with harmful sexual behaviours.

Kevin was increasingly ostracised and bullied by his school mates and became the subject of increasingly punitive responses from school staff, and ever-tightening restrictions to his freedom and participation in activities.

A counsellor advocate from the SABTS service began working with Kevin and his family. The counsellor advocate assessed Kevin's behavior in the context of his own trauma history, his family relationships and dynamics, as well as within school, and in terms of his broader social skills and networks.

The counsellor advocate prepared a treatment plan for Kevin. This included working with Kevin, as well as working with his family to enhance their relationship and dynamics, and their understanding of the positive role that they could play in supporting Kevin to review and address his concerning behaviours.

To enhance his interpersonal and social skills, Kevin was also encouraged to participate in extra-curricular sporting and leisure activities.

The counsellor advocate advocated for a change in schools and, working with school staff, supported Kevin's integration. This included developing a safety plan to manage risks associated with joining a new school community.

Kevin commenced at the new school on reduced hours and was appropriately supported. He liked his new school and began making new friends.

Kevin's parents made some small but important changes at home, and family relationships quickly improved. As a result of the changes at both home and at school, Kevin's self-esteem showed signs of improvement and he began reporting being happier.

After a period of several months with significantly improved behaviours, Kevin's supports and close supervision were gradually reduced. The SABTS program remained involved in a limited capacity for several months after all additional supports were finally withdrawn, and closed out with the agreement of all involved.

Our rural and regional work

Wimmera

Our therapeutic counselling services continue to be in high demand across the Wimmera district, including the south-west area. We supported a total of 423 adults, children and young people during the 2017-18 period across our therapeutic counselling and SABTS.

Overall, the number of people accessing our therapeutic counselling services increased by 11 per cent between 2016-17 and 2017-18, with the majority of people accessing our services being female.

Notably, the number of women, children and young people accessing therapeutic counselling for family violence tripled from 2016-17 to 2017-18.

We expanded our existing four service out posts (Hamilton, Stawell, St Arnaud and Warracknabeal) to include a fifth at Nhill. Our partner agencies in these outposts include Brophy Family and Youth Services (Hamilton), Grampians Community Health (Stawell), East Wimmera Health Service (St Arnaud), Warracknabeal Neighbourhood House and Learning Centre (Warracknabeal) and Western Wimmera Health Service (Nhill).

We now also provide our services at headspace in Horsham and we continue to work closely with Victoria Police and DHHS Child Protection who are based in closed proximity to our Horsham office. Key stakeholder organisations include Women's Health Grampians, Wimmera Uniting Care and Emma House Domestic Violence Services.

Our collaborative approach with partners ensures that we jointly aim to address the additional barriers and complexities faced by people living in rural and regional areas who are impacted by sexual assault and family violence.

In other key developments, we contributed to research projects with our local partners and the Victorian Government to research gaps and strengths in existing service systems, and inform the future design and development of best practice service delivery models for those in rural areas.

Colac

We continue to build on our service offering across the Colac area, acknowledging the high need for specialist sexual assault and family violence services for people living in regional and rural areas.

In 2017-18, we expanded our TACT group program to the Colac area. A group of eight women commenced the first TACT group held in Colac. Attendance in this program was encouraged by professionals across Colac-based community service organisations, in collaboration with our staff, as a way to support their clients in their journey to empowerment.

Through our out post at Colac Area Health, we supported 59 women and children living in the Colac-Otway Local Government Area (LGA) through our family violence case management service. We also supported women attending the Colac Magistrates' Court and offered assistance in relation to applying for Family Violence Intervention Orders. Access to therapeutic counselling was also available in Colac for people impacted by sexual assault, with 124 adults, children and young people across the Colac-Otway LGA supported by The SAFV Centre.

Children and young people requiring our therapeutic counselling services were also supported by our counsellor advocates at our Colac Youth Hub outpost.

OUR PROFESSIONAL TRAINING SERVICES

We continued to deliver our professional training sessions and training tailored for organisations across Barwon and Wimmera during the year.

In our training services for professionals and community members, we maintained our focus on increasing awareness and understanding of the causes of violence and enhancing response services for people impacted by sexual assault and women and children experiencing or impacted by family violence.

Professional training sessions offered in this period included:

- Identifying Family Violence
- Trauma: the Body and the Brain
- Working Relationally with Family Members.

Overall, a total of 795 people participated in our professional training programs. Of these participants, 45 per cent were involved in the 21 Identifying Family Violence training sessions delivered under our agreement with the Barwon Area Integrated Family Violence Committee. A diverse range of community and professional organisations were represented across these training sessions.

We also delivered tailored training for organisations, including Deakin University, WorkSafe, Diversitat and Court Network. Feedback from these sessions was positive. All training sessions were well attended with strong participant engagement.

Designed and delivered by our specialist trainers, we tailor our training sessions with an understanding of the nuances and training needs for an organisation or community group.

"Very informative and engaging ... "

"Great facilitators and perfect amount of information sharing. "

"Great training. Thanks! Trainers very well prepared, knowledgeable and engaging ... "

Participants, Deakin University.

"I wasn't sure what to expect but my expectations were exceeded ... "

"Presenters are highly skilled and experienced in their fields and were able to relate concepts/ knowledge to the work-injury 'space' ... "

Participants, WorkSafe.

"Excellent session – respected approach, experience, knowledge and compassion of presenters ... "

Participant, Court Network (Volunteer).



OUR PRIMARY PREVENTION OF VIOLENCE SERVICES

The development and delivery of our primary prevention work has been guided by two key Victorian Government strategies: *Free From Violence* and *Safe and Strong: A Victorian Gender Equality Strategy*.

Our focus is on preventing sexual assault and family violence from happening in the first place. Many of our initiatives and projects have been developed and delivered with our network of partner organisations across Barwon and Wimmera and are funded by the Victorian Government.

Free from Violence initiative

During the year, the Victorian Minister for the Prevention of Family Violence, the Honourable Natalie Hutchins, MP, announced funding for our organisation to deliver an innovative primary prevention project for the Barwon area.

We have partnered with the Barwon Adolescent Task Force (BATForce), City of Greater Geelong (the City) and Creative Geelong Inc. to develop and implement a prevention of violence initiative for young people, particularly young lesbian, gay, bisexual, transgender, intersexual and queer (LGBTIQ) people.

Young people will be engaged in the project to explore perceptions and challenge the stereotypes and social norms of traditional male and female roles, and of gender and sexuality.

There are few resources and narratives focused on the prevention of violence tailored to this audience. This project will create a series of useful resources.



From left: Darren Cheeseman, former Federal MP; Christine Couzens, MP, Member for Geelong; The Honourable Natalie Hutchins, MP, Minister for the Prevention of Family Violence; Helen Bolton, CEO, The SAFV Centre; Jane Wager, Coordinator, Community Development, the City; Jennifer Cromarty, President, Creative Geelong Inc; and Leigh Bartlett, Regional Youth Affairs Consultant, BatForce.

Partnership, Equality and Prevention project

During the year we delivered the innovative Partnership, Equality and Prevention project with the City.

The initiative was funded for 12 months through the Victorian Government's Community Partnership in Primary Prevention Grant.

The project focused on strengthening the City's work in building awareness and understanding of gender equity practices to achieve gender equality for the prevention of violence against women and family violence. The project was embedded in the workplace with a SAFV Centre project officer co-located in the City.

Highlights of the project included:

- Delivering presentations on the rationale and importance of the project in increasing gender equity practices.
- Developing and delivering training on topics such as gender equality and unconscious bias, and leveraging the workplace as a setting for change and influence.
- Co-hosting the inaugural Gender Equity in the Workplace Forum.

An independent evaluation found the project to be highly successful, particularly the partnership between and commitment of The SAFV Centre and the City.

"Well run, pertinent and salient messaging."

Participant, Partnership, Equality and Prevention project.

Gender Equity in the Workplace Forum

An initiative of the Partnership, Equality and Prevention project, The SAFV Centre and the the City, proudly presented an inaugural Gender Equity in the Workplace Forum. The forum provided an opportunity to raise awareness of the consequences of gender inequality and its impacts on workplace productivity as well as the emerging practice of embedding gender equity practices in the workplace.

The forum featured key speakers who shared the latest thinking, evidence, practice examples and ideas in embedding gender equity practices into workplace culture, policies and infrastructure to provide a more equitable workplace and to achieve gender equality.

Participants represented a broad cross-section of Geelong's large and small organisations, government and educational institutions. Feedback from forum participants indicated that 86 per cent agreed or strongly agreed, they had an increased understanding of why the workplace is a key setting for achieving gender equality, and an increased understanding of why we need an organisational approach to create workplace change.

The forum attracted speakers including Vice-Chancellor of Deakin University, Professor Jane Hollander; Member for Geelong, Christine Couzens, MP; Manager Practice Leadership, Our Watch, Scott Holmes; Director of Human Capital, Pricewaterhouse Coopers (PwC) Australia, Dr Amanda Green; and 2017 Gold Our Watch – Walkely Award winning journalist, Gina McColl.

The forum was supported by the Barwon Area Integrated Family Violence Committee.

“The range of presenters and sector perspective was well combined and highly professional; valuable content, quality research expertise.”

Participant, Gender Equity in the Workplace Forum.

“It was brilliant.”

Participant, Gender Equity in the Workplace Forum.



Gender Equity in the Workplace Forum.

Community of Practice

Increasing interest in the primary prevention of sexual assault and family violence led to the formation of a Community of Practice (CoP) for the Barwon area during the past financial year.

We partnered with Women's Health and Wellbeing Barwon South West Inc, an independent women's health promotion organisation that works in partnership with regional communities, for the initiative.

The CoP is a forum for members to:

- Develop and build on their shared understanding of primary prevention.
- Create partnership opportunities that maximise resources and coordinate efforts in primary prevention.
- Share information and knowledge from research and practice.
- Provide professional development opportunities.

There was strong attendance at the inaugural meeting held in April.

A sustainable CoP will guide the practice of primary prevention of violence against women well into the future.

OUR PEOPLE AND CULTURE

This past year has seen unprecedented reform and investment in our sector and this has provided us with further opportunities to grow as an organisation and to support people impacted by sexual assault and women and children impacted by family violence.

In just the first half of this financial year, our organisation grew in size by 21 per cent, and we continue to grow. We now have more than 100 staff working in a number of locations across the Barwon and Wimmera.

We further developed our attraction, recruitment and induction processes to support this growth and continue to evolve our people systems and frameworks.

We are proud to have attracted great talent to our organisation and to retain our valued, dedicated staff who hold the client at the centre of everything they do.

We thank our staff for their dedication to ensuring we continue to provide high-quality, sensitive and responsive services, and for their unwavering commitment to working towards a community free from sexual assault and family violence.



OUR EVENTS

Fundraising events

A number of fundraising activities and events were held throughout the past year.

Queens Park Golf Club Ladies Sub-committee donated funds from a fundraising event and the Aireys Pub donated the proceeds from its annual 'The Good Blokes Lunch'.

We are grateful for the continued support of Suzy Dascarells, Vigorella Geelong, who held a fundraising Movie Night along with the ever-popular Annual Fashion Fundraiser at Truffleduck.

Chelsea Dolby, founder and manager of the family violence charity Embrace Awareness, raised funds on our behalf through an annual gala dinner held in August. The event, held at the Captain's Room, Simonds Stadium, featured Dave Thornton and inspiring speakers Sally Denahy and Simone O'Brien.



From left: Helen Bolton, CEO, The SAFV Centre, with Marcia Howard, Suzy Dascarells, Kirra Beckley, Michelle Beckley and Christine Couzens, MP.

#16 Days of Activism

We continue to use social media, predominantly Facebook and Twitter, to raise awareness for our cause and also highlight critical announcements from government, agencies, media and private organisations relating to sexual assault and family violence.

We promote gender equality and the prevention of violence against women and children. Our most successful social media interaction was during the international campaign – 16 Days of Activism Against Gender-based Violence which runs yearly from 25 November, the International Day for the Elimination of Violence against Women, until 10 December, Human Rights Day.

Going forward, we look to strengthen our presence and interaction on these platforms and further promote our key messages.

Human rights and gender equality award

In March, we were honoured to sponsor the City's International Women's Day 2018 Award for Women in Community Life, Human Rights and Gender Equality.

The SAFV Centre's former Strategic Operations and Business Development Manager, Janice Watt (retired), received the award for her commitment to advancing social justice, human rights and gender equality in the Greater Geelong region.

The award recognises her significant contribution and commitment to promoting human rights and gender equality through a life-long career, spanning more than 35 years, invested in preventing and addressing violence against women.

Janice was one of the founding women in the local Geelong community; who in the 1970s, along with many other notable women, formed the collective to start the first family violence service in Geelong, the Barwon Domestic Violence Outreach Service.

The Women in Community Life for Human Rights and Gender Equality Award is an initiative of the Women in Community Life Advisory Committee of the City, proudly supported by The SAFV Centre.



From left: Heidi Waterson, The SAFV Centre, and Janice Watt.

THANK YOU TO OUR SUPPORTERS AND DONORS

The SAFV Centre would like to extend its gratitude to all the people who walk through our doors and trust us with the honour of supporting your healing journey.

Our services are primarily funded by the DHHS and Family Safety Victoria and, as we continue to grow, we acknowledge that you, our supporters and donors, are vital to the success of our organisation. We are grateful for the relationship we have with you and the role you play in making our vision for a community free from family violence and sexual assault, more of a reality.

From your generous donations, we received a total of \$111,267 which will be used to directly benefit the people we work with.

We would also like to acknowledge our consumer focus group particularly with your input and work into the delivery of our new brand.

Key donors and supporters

Aireys Pub – ‘The Good Blokes Lunch’

All Saints’ Anglican Parish

Bay FM Bethany Giving Tree Appeal

Donation Box holders

East Geelong Football & Netball Club

Embrace Awareness, Chelsea Dolby

GiveNow donors

The Estate of Herbert Glover

The Honorable Sarah Henderson, MP, Federal Member for Corangamite

The Honourable Christine Couzens, MP, Member for Geelong

Impact for Women

Myer Community Fund, Geelong

Next Steps Australia

Queens Park Ladies Golf Club Ladies Sub-committee

Sacred Heart College, Geelong

Share the Dignity

St Joseph’s College, Geelong

Surfcoast Striders

The Denahy Family

Vigorella Geelong, Suzy Dascarells

Wighton Lawyers

And many people of the Geelong and Horsham communities, thank you.

FINANCIALS

The Sexual Assault and Family Violence Centre Inc. (formerly Barwon Centre Against Sexual Assault Inc.) ABN: 93 316 567 100

Statement of Comprehensive Income for the year ended 30 June 2018

	Notes	2018 \$	2017 \$
Revenue	2	6,656,498	4,480,099
Other revenue	2	1,292,383	938,122
Total revenue		7,948,881	5,418,221
Employee benefits		(5,353,672)	(3,678,296)
Depreciation and amortisation expenses		(99,576)	(92,595)
Administration expenses	3a	(712,025)	(942,633)
Motor vehicle expenses		(56,722)	(51,397)
Other expenses	3b	(779,972)	(497,578)
Total expenditure		(7,001,967)	(5,262,499)
Surplus/(Deficit) before income tax		946,914	155,722
Income tax expense	1a	-	-
Surplus after income tax expense for the year		946,914	155,722
Other comprehensive income for the year		-	-
Total comprehensive income for the year		946,914	155,722

FINANCIALS (CONTINUED)

Statement of Financial Position for the year ended 30 June 2018

	Notes	2018 \$	2017 \$
ASSETS			
Current Assets			
Cash and Cash Equivalents	4	4,567,392	2,670,432
Trade and Other Receivables	5	449,733	32,512
Prepayments		18,200	17,647
Total Current Assets		5,035,325	2,720,591
Non-Current Assets			
Investments	7	764,650	678,674
Property, Plant and Equipment	6	457,658	517,051
Total Non-Current Assets		1,222,308	1,195,725
TOTAL ASSETS		6,257,633	3,916,316
LIABILITIES			
Current Liabilities			
Trade and Other Payables	8	1,404,331	712,111
Credit Cards		12,527	3,481
Revenue in Advance		963,288	410,183
Short term provisions	9	529,897	407,953
Total Current Liabilities		2,910,043	1,533,728
Non-Current Liabilities			
Provisions	9	208,719	190,631
Total Current Liabilities		208,719	190,631
TOTAL LIABILITIES		3,118,762	1,724,359
NET ASSETS		3,138,871	2,191,957
EQUITY			
Reserves	10	280,700	280,700
Retained earnings		2,858,171	1,911,257
TOTAL EQUITY		3,138,871	2,191,957

This financial audit was undertaken by Davidsons Assurances Pty Ltd.

A full copy of The Sexual Assault and Family Violence Centre Inc. (formerly Barwon Centre Against Sexual Assault Inc.)

financial report for 2017-18 is available on the Australian Charities and Not-for-profits Commission website: www.acnc.gov.au

Geelong

Barwon Multidisciplinary Centre
59-63 Spring Street
Geelong West 3218
Victoria

E: reception@safvcentre.org.au
P: 03 5222 4318

Wimmera

25 Roberts Avenue
Horsham 3400
Victoria

E: wimmera@safvcentre.org.au
P: 03 5381 1211

W: www@safvcentre.org.au

