



## Children and Mothers in Mind

**A relationship-building group program held weekly for mothers and young children who have experienced sexual assault and family violence.**

- **Have you experienced family violence?**
- **Do you have an infant or toddler aged four years and under?**
- **Have your traumatic experiences affected parenting and bonding with your child?**

If this is your experience, then you may benefit from the Children and Mothers in Mind program.

Our specialist practitioners work with you and your child in a group setting for 22 weekly sessions to build a greater understanding of the impact of family violence and enhance your relationship between you and your child.

Through fun, play-based activities, including singing, talking, reading, music, art and craft, you can enjoy bonding with your child.

You will be supported to develop skills and confidence to respond to your child's needs in sensitive and caring ways.

**When:** Mid-January 2020

**Time:** 10am-12pm (Tue and Fri)

**Where:** 59-63 Spring Street, Geelong West

**To find out more, or to register**

Contact Carmel at The Sexual Assault & Family Violence Centre on:

**(03) 5222 4318**

**[reception@safvcentre.org.au](mailto:reception@safvcentre.org.au)**

**[www.safvcentre.org.au](http://www.safvcentre.org.au)**

The  
**Sexual Assault  
& Family Violence  
Centre**

**The Sexual Assault & Family Violence**

**Centre** is a specialist service providing sensitive and responsive services to women and children who have experienced and been impacted by family violence and to people who have experienced and been impacted by sexual assault.