



Children and Mothers in Mind

A relationship-building group program held weekly for mothers and young children who have experienced sexual assault and family violence.

- **Have you experienced family violence?**
- **Do you have a child/ren under the age of four years?**
- **Have your traumatic experiences affected parenting and bonding with your child?**

If this is your experience, then you may benefit from the Children and Mothers in Mind program.

Our specialist practitioners work with you and your child in a group setting for 15 weeks and with individual support sessions, to build a greater understanding of the impact of family violence and enhance your relationship between you and your child.

Through fun, play-based activities, including singing, talking, reading, music, art and craft, you can enjoy bonding with your child.

You will be supported to develop skills and confidence to respond to your child's needs in sensitive and caring ways.

When: Commencing 15 July 2024 on Monday mornings

Time: 10am to 12pm

Where: Halstead Place, Geelong West

To find out more, or to register

Contact the Intake team at The Sexual Assault & Family Violence Centre:

(03) 5222 4318

reception@safvcentre.org.au

www.safvcentre.org.au

The
**Sexual Assault
& Family Violence
Centre**

The Sexual Assault & Family Violence

Centre is a specialist service providing sensitive and responsive services to women and children who have experienced and been impacted by family violence and to people who have experienced and been impacted by sexual assault.